



The Tumbling Waters Society of Jackson County
The 19th Annual Mill Race
 5K Race and Fun Run/Walk
 "Art in the Park" at Hurricane Shoals



Date: Sunday, September 20, 2009 **Entry Fee:** \$15.00 pre-registered / \$18.00 on race day. Make checks payable to *Tumbling Waters Society*; Postmarked by September 16th. Special Family Rate \$40.00 (pre-registered only) You may use PayPal on line by going to <http://hurricaneshoalspark.org/run.htm>

Location: Hurricane Shoals Park Jackson Co.
 416 Hurricane Shoals Rd.
 Maysville, GA 30558
 (See map on reverse)

Time: 2:30 p.m. -- Fun Run/Walk
 (Late registration 1:00 - 2:00 p.m.)

3:00 p.m. - 5K Road Race
 (Late registration 1:00 - 2:45 p.m.)

Course: Fast, scenic country lanes and paved roads, splits will be called at the 1 and 2 mile marks. Fluids will be provided on the course and after the race.

Race Timer: Classic Race Services - Will Chamberlin
 706-769-6593, E-mail: gwillc@bellsouth.net

Member: Run and See Georgia
 Grand Prix Series 2009

Benefit: All proceeds go to preserve and grow our beautiful Hurricane Shoals Park

Attention: Jackson Co. Parks & Recreation "Park Policy": **No pets allowed (leash or not). No alcoholic beverages.**

www.hurricaneshoalspark.org

5k Awards:

Top male and female finishers in the following categories:							
Overall	Masters		Grand Masters			Seniors	
Top three male and female finishers in the following age brackets:							
10 & under	11-14	15-19	20-24	25-29	30-34	35-39	
40-44	45-49	50-54	55-59	60-64	65-69	70-74	75 & over

Fun Run/Walk Awards:

Top male and female finishers Overall. Ribbons for all finishers.

Great new multi-colored T-shirts and race packets to all pre-registered runners/walkers. Packets are available on race day. (T-shirts and packets available to race day registrants on first come, first serve basis.)

For more information, call: *After the race, enjoy the "Art in the Park Festival"*

Keith Ariail at (706) 335-5519 (day) or (706) 335-2010 (after 6:00 p.m.) or Duane Champlin (404) 583-1595

Mail entry form & check payable to: Tumbling Waters Society Mill Race, P.O. Box 164, Jefferson, GA 30549

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Print Name			
Address		E-Mail	
City	State	Zip	
Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female	Age (as of 09/20/09)	Shirt Size: <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	
Event: <input type="checkbox"/> 5k <input type="checkbox"/> 1 mile	<input type="checkbox"/> Check if Jackson County Resident	Group Affiliation:	
<small>Waiver: (Please read carefully.) In consideration of the acceptance of this entry, I hereby, for myself, my heirs, executors, administrators and assigns or anyone entitled to act on my behalf, release and discharge Tumbling Waters Society, Art in the Park Festival, Mill Race, and all sponsors, their representatives and successors, and any other person assisting, on a voluntary basis or otherwise in putting on the event for any liability to me or them, including any injury or illness which might result from my participation. I further state, that I am in proper physical condition to compete in the Mill Race 5k and 1-mile Fun Run/Walk.</small>			
Signature:		Date:	

(Parent's signature if under 18 years old.)